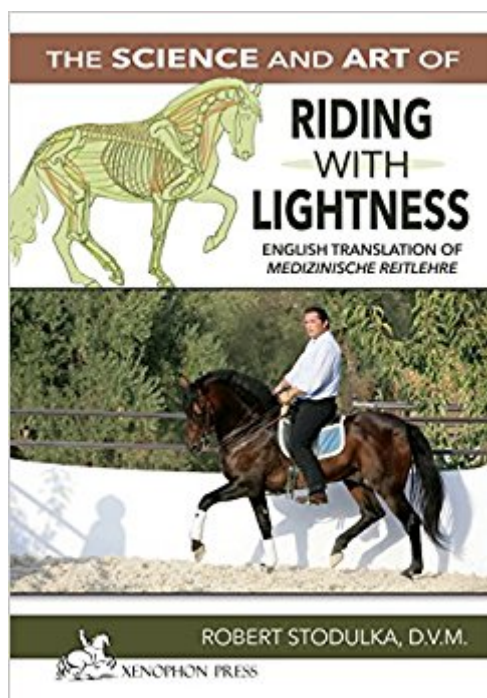


The book was found

The Science And Art Of Riding In Lightness: Understanding Training-induced Problems, Their Avoidance, And Remedies. English Translation Of Medizinische Reitlehre



Synopsis

A biomechanical problem-solving approach to training challenges. Every action of rider has an impact on the health and well-being of the horse either positive or negative, looseness or tension. But what are the causes? The Science and Art of Riding with Lightness reveals the interplay between the biomechanics of the horse and the dressage exercises in a coherent manner. It will become clear which training mistakes cause which problems in the horse's way of going and which training and the physical-therapeutic measures that can be taken to correct problems. With this knowledge, the vet can assess and treat problems in an appropriate manner and advise the rider more fittingly with regard to the training of the horse. Likewise, the dedicated rider can find valuable supportive suggestions and ideas in the training and correction of his horse, from Dr. Stodulka's unique gift of being both a master rider, and equine vet well verse in allopathic medicine and alternative therapies. With this knowledge, the veterinarian will be able to assess training-induced disorders and to recommend better and more successful therapies and advise the rider with a view to training optimization. Small errors often have huge consequences. Only the rider who knows what they are can rectify them. "I have read many teachings of riding. This health-giving route to riding is one of the best and easiest to understand for young and old,Â Â professional or amateur. It should be compulsory reading for veterinarians and horse lovers. Both the horse and the rider should be in aÂ Â position, physically and mentally, to understand what is demanded of them. Dr. Stodulka has understood this, and managed to immortalizeÂ Â his knowledge and experience in this book." - Arthur Kottas-Heldenberg

Book Information

Paperback: 324 pages

Publisher: Xenophon Press LLC (June 23, 2015)

Language: English

ISBN-10: 093331647X

ISBN-13: 978-0933316478

Product Dimensions: 7 x 0.9 x 10 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #906,241 in Books (See Top 100 in Books) #143 inÂ Â Books > Medical Books > Veterinary Medicine > Equine Medicine #729 inÂ Â Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding #754 inÂ Â Books > Sports & Outdoors > Individual Sports >

[Download to continue reading...](#)

The Science and Art of Riding in Lightness: Understanding training-induced problems, their avoidance, and remedies. English Translation of Medizinische Reitlehre Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training, Puppy training, Puppy house training, Puppy training ... your dog, Puppy training books Book 3) Crate Training: Crate Training Puppies - Learn How to Crate Train Your Puppy Fast and Simple Way (Crate Training for Your Puppy): Crate Training (Dog Training, ... Training, Dog Care and Health, Dog Breeds,) Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home Dog Crate Training: 8 Tips to Help Your Best Friend Adjust (Dog Training, dog crate training problems, dog separation anxiety, dog potty training Book 1) Puppy Training: A Step-by-Step Guide to Crate Training, Potty Training, Obedience Training, and Behavior Training Cat Training: The Definitive Step By Step Guide to Training Your Cat Positively, With Minimal Effort (Cat training, Potty training, Kitten training, Toilet ... Scratching, Care, Litter Box, Aggression) Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Thinking Spanish Translation: A Course in Translation Method: Spanish to English (Thinking Translation) Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies (Home Remedies, Herbal Remedies, Organic Antibiotics) Lessons in Lightness: The Art of Educating the Horse Bear Attacks: Their Causes and Avoidance (revised edition) Shark Attacks: Their Causes and Avoidance The Clear Quran - English Only Translation: A Thematic English Translation of the Message of the final revelation A Beginner's Guide to Mold Avoidance: Techniques Used by Hundreds of Chronic Multisystem Illness Sufferers to Improve Their Health Brain Games for Dogs: Training, Tricks and Activities for your Dog - Physical and Mental wellness(Dog training, Puppy training, Pet training books, Puppy ... games for dogs, How to train a dog Book 1) Bodyweight Training: Bodyweight Cross Training WOD Bible: 220 Travel Friendly Home Workouts (Bodyweight Training, Bodyweight Exercises, Strength Training, ... Bodybuilding, Home Workout, Gymnastics) Rowing WOD Bible: 80+ Cross Training C2 Rower Workouts for Weight Loss, Agility & Fitness (Rowing Training, Bodyweight Exercises, Strength Training, Kettlebell, ... Training, Wods, HIIT, Cardio,

Cycling) Dog + Puppy Training Box Set: Dog Training: The Complete Dog Training Guide For A Happy, Obedient, Well Trained Dog & Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)